UNL Parents Association Executive Board

Welcome, Parents!

The University of Nebraska–Lincoln and the UNL Parents Association work together toward the shared goal of creating a positive and successful college experience for our students. We know that “Your job is not done yet”, and the UNL Parents Association is one way to stay supportive of your student and to connect with other parents in this new phase of life.

All parents of currently enrolled UNL students are automatically members of the UNL Parents Association—no dues required! To be on our contact list, though, we do need you to provide your contact information to us which you can do by contacting Tonda Humphress at thumphress1@unl.edu or at 402-472-3755 or by going to the UNL Parents Association web site and completing the contact list registration form (http://parentsassoc.unl.edu/register.shtml).

We have a small, regular group of parents who attend meetings and/or events as they can — and they are a nice, fun group. Please join us for one of our quarterly meetings and/or one of our upcoming events. You will meet some great parents, make new friends, and continue to help us help our students have a positive college experience. All parents are welcome! Visit the UNL Parents Association web site (http://parentsassoc.unl.edu) for meetings dates/times and any important notices that may be relevant to you as a parent.

The UNL Parents Association is pleased to have Susan and Timothy Draftz from Atchison, KS as Co-Presidents this year. Susan and Timothy answered our call for someone to fill the President-Elect position last year and moved into the role as Co-Presidents this year (if you missed it, I encourage you to read their welcome message in the Fall 2009 Campus Report; it is a well written article which will introduce them to you and also gives you some wonderful information about the UNL Parents Association. Archive issues can be found online at http://parentsassoc.unl.edu/). They are doing a fantastic job and are great to work with for anyone considering trying the President-Elect role for the UNL Parents Association (if interested, please contact Tonda).

We look forward to seeing you at one of our future events. Meanwhile if you have any questions or if we may be able to provide any further assistance, please let us know.

Best wishes to you and your student for a great spring semester!

Our Mission is...

- to strengthen the bond between the University of Nebraska and parents by encouraging communications in both directions
- to support activities designed to enhance students’ educational experience
- to keep parents informed about the University, its background, present programs, and future plans
- to promote the advancement of the University by strengthening it at all levels

Susan and Timothy Draftz
UNL Parents Association Co-Presidents
UNL PARENTS ASSOCIATION AWARDS MINI-GRANTS

The UNL Parents Association is pleased to fund the 2009-2010 grant proposals listed below with proceeds available from the tuition raffle:

The total amount of $3,790.00 is being donated by the UNL Parents Association and goes directly toward projects that benefit our students.

$580.00 Office of Undergraduate Studies Parent Newsletter—a newsletter “designed specifically for parents of new freshmen. . . . It attempts to keep parents ‘in the know’ about questions their sons and daughters may have during specific times of their first year of college.

$800.00 Student Involvement to be used to purchase a Computerized Karaoke System for “Campus Night Life,” which will offer safe events that “are not accessible to students under 21 years of age at local establishments and creates and opportunity for diverse groups of students to participate and interact in a positive environment.

$520.00 Services for Students with Disabilities (SSD) to be used to purchase one Omnipage 17 and two Smartpens which will help students with a related disability take accurate notes for themselves in classes (smartpen) and will help convert text from textbooks and other printed materials into a format that can be read aloud by a student’s computer which will benefit the increasing number of students with print disabilities (Omnipage software).

$215.00 University Health Center—Eating Disorder Education and Prevention (EDEP) to be used to print brochures to let students know there are services available to help them with these potentially life-threatening illnesses and to help promote healthy body image and healthy eating and wellness activities.

$500.00 Career Services to be used a one-year lease of Career Cruising, an online career guidance system which will provide students with the most current and accurate career information, post-secondary college and university information to help students in their career search. This license will also provide an interactive survey tool to help students find careers that match their interests and skills and abilities.

$850.00 Office of Academic Support and Intercultural Services (OASIS) to fund the Omaha Hand Game in March, 2010. This event teaches the cultural values of teamwork, friendly competition, self-sacrifice, self-discipline and appropriate group behavior of the Omaha Indians of Nebraska and provide a unique opportunity for UNL students, faculty and staff to learn something about the cultural traditions of this group.

325.00 Office of Academic Support and Intercultural Services (OASIS) to purchase a Bunn Brewer, Coffee Filters, Cups, Coffee and Hot Chocolate for the new ASIS and Jackie Gaughan Multicultural Center. This will be used to provide we welcoming venue to students and guests of the new Multicultural Center.
Congratulations to the 2009 UNL Parents Association Tuition Raffle Winners!

The UNL Parents Association is involved in many positive activities at the University. One of the most positive is being able to contact the winners of the annual UNL Parents Association Tuition Raffle Drawing. This year, we were pleased to contact the following winners:

★ UNL Tuition (up to $2,500 total) for the 2010 Spring Semester
  Debby Jones (Student: Lacey Jones) ······················· Aurora, NE
  Carryn Longhenry (Student: Becca Longhenry) ········· Rapid City, SD

★ UNL Textbook Scholarship (up to $250 at the University Bookstore)
  John Crowe (Student: Michael Crowe) ···················· Omaha, NE
  Ted Grimm (Student: Michael Grimm) ···················· Hazen, ND
  Anne Freund (Student: Michael Freund) ··················· Western Springs, IL

★ Autographed Sports Memorabilia — Coach Bo Pelini Autographed Football
  Michelle Monzo (Student: Frank Monzo) ··················· St. Charles, IL

★ Autographed Sport Memorabilia — Team Autographed Football
  Nancy Bodenhamer (Student: Molly Bodenhamer) ········· Hershey, NE

★ Autographed Sports Memorabilia — Team Autographed Volleyball
  Duane Gries (Student: Rachel Gries) ······················ Lincoln, NE

★ Autographed Sports Memorabilia — Team Autographed Baseball
  Tess Reveling (Student: Conner Reveling) ··················· Omaha, NE

Congratulations!

The UNL Parents Association Annual Tuition Raffle is the primary fundraiser for the UNL Parents Association. The funds raised go to support UNL Parents Association activities such as paying for the raffle mailing and for activities that improve the college experience for UNL students such as the UNL Parents Faculty/Staff Recognition, the Outstanding Student Leadership Award and mini grants that directly benefit UNL students. To everyone who participated, thank you for supporting the UNL Parents Association, the University, and for helping make the University an even better experience for your student. Watch for next year’s raffle mailing—and Good Luck!
**The UNL Parents Association Polo**

Many parents have suggested that we offer a UNL Parents Association Polo shirt. We have worked with Art FX in Lincoln, NE to get the shirts. If you are interested in getting a University Polo, please contact Tonda (thumphress1@unl.edu or 402-472-3756) or contact Art FX directly at 402-421-2611 (1-800-949-1179); their web site is www.artfxscreenprinting.com.

**Current Prices**

- Small, Medium, Large, X Large: $25.00 each
- XX Large: $27.00 each
- XXX Large: $28.00 each

When ordering, please state whether you would like a Women’s or Men’s polo.

Information on the UNL Parents Association polo is also available on the UNL Parents Association web site: http://parentsassoc.unl.edu/poloshirts.shtml

**Important Dates to Remember - Spring, 2010**

- Classes Begin: January 11
- Martin Luther King Holiday: January 18
- Spring Break: March 14-21
- Last Day of Classes: May 1
- Final Exams: May 3-7
- Grad Commencement/Doctoral Hooding: May 7
- Undergraduate Commencement: May 8

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**Talk to Us**

In the *Campus Report*, we want to provide you, as parents, with the kind of information you want and need in a format that considers your busy pace of life. Please let us know what information you would like to see included.

UNL Parents Association
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Visit us on Facebook.

You can now find the UNL Parents Association on Facebook! Just go into Facebook and search for “UNL Parents Association”. We try to post updates to this site and it also gives parents a chance to communicate with each other to answer questions or share answers. Since we have some of our Parents Association officers and University staff in this group, this is also a great way to contact them if you needed to do so.

We are pretty new to Facebook, and welcome suggestions from our members on ways that we can make this site more useful to you. Please don’t hesitate to offer your suggestions.

We hope you “join” us on Facebook!
“Recent research has found that parents can have a powerful impact on the successful transition to college life. All it takes is communication. Talk to your son or daughter BEFORE they head off to UNL, and keep talking to them while they are here.”

This brochure talks about:

- The Power of Expectations—share your expectations with your student.
- The Power of Coaching—Talk to your student about various choices they may face and outcomes of those choices and factors to be considered.
- The Power of Resources—Be aware of the resources at the University and elsewhere that are available to help you and your student. (A list of resources is provided to get you started—and remember, the UNL Parents Association is here to help you as well. You may want to glance through past issues of Campus Report to learn about many of the services available at the University of Nebraska–Lincoln.)

The brochure also provides a list of topics for you to discuss with your child.

- Spending on a budget
- Using credit cards
- Attending Class
- Developing study habits
- Getting to know faculty
- Drinking and drug use
- Roommate relations
- Being involved
- Staying healthy
The University of Nebraska–Lincoln does not discriminate based on gender, age, disability, race, color, religion, marital status, veteran’s status, national or ethnic origin or sexual orientation.