Greetings to Parents of UNL Students

Juan N. Franco, Vice Chancellor for Student Affairs

I want to thank the parents of students attending the University of Nebraska – Lincoln (UNL) for sending their sons and daughters to us. We are delighted that they have chosen to be Cornhuskers and I hope they have a very pleasant experience on our campus.

This is a great time to be at UNL. By every measure that is typically used to gauge the vitality and health of a university, UNL is shown to be prospering and headed for even better days. Certainly enrollment is one of those measures. This fall we are expecting the largest freshman class in several years and also the best academically prepared class. We are seeing increases in both in-state and out-of-state students and in graduate and undergraduate students. I believe the State of Nebraska and the rest of the country are “re-discovering” UNL.

The number of research dollars coming to UNL has also increased significantly. This past year sponsored research topped the $100 million mark. These funds not only help support research, but at the same time provide jobs and research experience to hundreds of students. Research dollars also enhance economic development locally and throughout the state.

Growth of a university is also seen through its physical facilities. Already a very attractive campus, UNL continues to improve its facilities. Of special note is a 30,000 square foot multicultural center that will be built adjacent to the City Union. This is something that the students wanted and we now have the funds to complete the project. This addition will provide much needed space for all students to use. We are also looking at building another residence hall. The recent surge in enrollment has presented the university with the interesting challenge of being able to house all students who want to stay on campus. Consultants have also been hired to help us plan for future needs of our students in terms of the Student Health Center and Campus Recreation.

While I am delighted with all that is occurring at UNL, my main concern is providing for the needs of our students. Thus, I would like to enlist your help in making sure that your sons and daughters know (and take advantage) of all the services that are available to students. We try by several means to let them know of the services that are available to them such as the math tutoring center, the Student Health Center, the Counseling and Psychological Services Center, the Career and Placement Center, the Services for Students with Disabilities Center, etc. but still on occasion we encounter students who tell us that they did not know the services are available. If students or parents have any questions about these services, they should contact me. My e-mail address is jfranco2@unl.edu.

We look forward to an exciting year and invite you to become an active member of the Parent’s Association. For more information on the Parent’s Association, please contact Tonda Humphress at thumphress1@unl.edu. Help us make UNL the best it can be.
BACC Program

Christy Horn, ADA/504 Compliance Director

The focus of the Building Accepting Campus Communities (BACC) program is to provide services designed to assist students with disabilities to transition into the academic life of the University. The program was originally a federally-funded project that is now supported by funding from the Equity, Access, and Diversity Office and the Department of Educational Psychology. The BACC program provides students with disabilities access to assistive technology such as screen readers, specialized software for writing and organizing, digital tape recorders, and note taking systems. Along with access to the technology, students can receive training in how to use the technology to support them in their academic coursework. Students with disabilities are also provided with a quiet place to study where they can use computers equipped with assistive technology and have access to proofreading and study assistance.

The BACC program also offers a course for 3 credits entitled College Survival Skills. This course provides instruction in test taking strategies, note taking skills, how to write college research papers, and study strategies. In addition, students learn self-advocacy skills, have a place to go to seek assistance on how to approach faculty, and receive individualized instruction on study strategies specific to their needs and the courses they are taking. The BACC program is housed in 106 Mabel Lee Hall. Students with disabilities who are interested in participating in the program or visiting the facility are encouraged to call 472-2140.

UNL Parents Association Mission

- To strengthen the bond between the University of Nebraska-Lincoln and Parents by encouraging communications in both directions
- To support activities designed to enhance students’ educational experience
- To keep parents informed about the University, its background, present programs, and future plans
- To promote the advancement of the University by strengthening it at all levels
More and more reports show Americans are stressed out, over worked and don’t take time for their personal wellness. With projects, tests, work and social engagements as well as being away from home for the first time, college students are forming their future stress relieving habits now. Why not help them develop or continue healthy habits with Fitness & Wellness at the Campus Rec Centers?

For less than the price of a pizza (okay, maybe two with a coupon) per month, they can have unlimited access to over 50 cutting edge Group Fitness classes per week & the motivation of an energetic instructor (FitCards are $50 per semester). These classes include all the newest trends like Zumba®, Pilates Mat, Dance ReMix, and BOSU® Burn.

If individual workouts are more their speed, treadmills, cycles, and elliptical equipment is located around the city and east campus rec centers for use any time the facilities are open. Additionally, the strength and conditioning rooms will challenge them to reach their goals with a wide array of free and machine weight equipment.

Need a little more structure to get started? The Super Circuit at city campus provides a unique environment for an endurance challenge. All strength areas are free for student use and staffed with trained supervisors to provide support.

Need even more direction? Campus Rec Personal Trainers are nationally certified and will tailor each workout to individual client’s needs (get started for as little as $37). If they’re on track but want to check progress, a variety of individual or package measurements from body composition to resting metabolism and nutritional assessments are also available ($3-$35). Whatever their needs, the Fitness & Wellness staff is here to help!

For more information about fitness & wellness programs at the University of Nebraska–Lincoln, call (402) 472.3467 or visit http://crec.unl.edu.
New and Improved Writing Center

Chris Gallagher, Associate Professor of English

The Writing Center, located at 115 Andrews Hall, has had a makeover, complete with new furniture and computers. It also welcomes a new faculty coordinator, Professor Frankie Condon, a nationally recognized expert in Writing Centers. But our mission remains the same: to help UNL students, staff, and faculty improve their writing in a comfortable, supportive, conversation-centered environment.

Through half-hour or hour-long appointments, we provide writers with feedback and advice on their writing and help them develop strategies for approaching future writing tasks. While we are not a drop-off editing service, we will help writers acquire the skills to develop and polish their writing themselves.

Here’s some of what we offer:

• FREE and confidential service for students, staff, and faculty at UNL
• support for writers at any stage of the writing process: exploring ideas, getting started, drafting, revising, editing, citing sources, etc.
• a positive learning experience facilitated by well-trained and knowledgeable writing instructors
• assistance with academic writing assignments as well as on extra-curricular writing (resumes, application letters, etc.)
• help with longer writing projects, such as Master’s theses and dissertations
• assistance for teachers in any discipline who wish to support students’ writing
• flexible hours

For more information, including our hours of operation, please visit http://english.unl.edu/wac/index.html. For an appointment, call 472-8803.

Model Health Aide Program Turns 50

Students helping students.

It happens in many ways, but the University Health Center has a unique historical perspective on students helping each other.

The center’s Health Aide Program is celebrating its 50th anniversary this year. Dr. Samuel Fuenning, the center’s medical director in 1957, was preparing for a potential Asian flu epidemic at the university when he and Celeste Knipmeyer, a public health nurse, came up with the idea of training students to care for other students in their living units if the epidemic occurred.

“This was the first peer program of its kind on a college campus and one that has been modeled by other universities,” said Janet Crawford, the health center’s health education director.

One of the program’s biggest benefits is the comfort many students and their parents feel in knowing trained students are available to provide help if needed. The health aides gain leadership skills as well as a lifelong education in health care basics that can be used throughout their life.

Health aides make a substantial commitment to the program. In addition to taking a two-semester, for-credit class, they spend several days undergoing American Heart Association first aid and CPR training.

They serve all of the student living areas on the city and East campuses. Health aides also provide weekday services, including blood pressure screenings, in the student unions. Being a union health aide gives commuter students an opportunity to be involved in the program, said Deb Henderson, a registered nurse who co-supervises health aides with Marilyn Baalhorn.

Students come to health aides for concerns ranging from a minor sore throat or sprained ankle to a life-threatening injury. The aides have a first-aid kit to help deal with minor health problems, but they provide referrals or help students obtain appropriate medical help for more serious physical and emotional concerns, said Henderson.

“Aides are essentially on call 24/7,” said Baalhorn, also a registered nurse.

Each health aide receives a 122-page manual covering health issues from acne to wound infection. They are required to document the care they provide in weekly logs, which are carefully reviewed by Henderson and Baalhorn.

“We are very thorough in our supervision, and we have never had a legal issue or concern raised,” Crawford said.

The program has grown and changed with students’ needs. One of the biggest changes is that infection control has become a much larger issue.

In addition to direct care, aides also share health-related information, which has been reviewed by a physician, weekly with their service areas. Some of the issues, such as alcohol abuse, nutrition and eating behaviors, tobacco use and sexuality, are much different than the concerns of students in the 1950s.

Health Program continued on page 6
Hello, my name is Kaylene Luedtke. I am currently the Treasurer of the UNL Parents Association. My husband, Dick, and I live on an acreage north of Columbus, NE. Our son Tad, a 2005 graduate from Lakeview High School, is a junior this fall at UNL attending the College of Architecture.

We signed up to become active members of the UNL Parents Association Tad’s freshman year by simply picking up a postcard at New Student Enrollment, checking out the web site and thinking “Okay, it’s just like PTO in grade school, Booster Club in high school…but with a little larger student body …we’ve done those so we can do this.” We were also looking for a way to stay involved and to continue to be connected with Tad as he had chosen the UNL campus for his next level of desired education. With him being our only child, what else were we as parents to do with our spare time after he headed off to college? After all, being in Lincoln, he would be just 70 miles away from home, a quick 90 minute drive...in good weather!

The Parents Association meets four times a year where we make plans for the upcoming activities, share our concerns with UNL administrators and learn about what the current happenings are in addition to future plans for the University. It is a great opportunity to meet and work with Dr. Juan N. Franco, Vice Chancellor for Student Affairs, and his office staff. These people are definitely dedicated to the students of UNL and are continuously working to enhance their educational experience. That’s where the Parents Association steps in to help and offer as much support as they can. Like any organization, it takes many volunteers to be successful. The day your student enrolled and started attending classes at UNL, you became a member of the UNL Parents Association. We encourage each and every one of you to become an “active member” by attending the meetings or volunteering to be on the Advisory Board of Directors. Whether you can volunteer your time to work at one of our activities (meeting students and their parents is the best part) or are willing to make financial donations; the UNL Parents Association appreciates your contributions. Everything the Parents Association does has a direct impact on and for the UNL Students, your own child included.

Some of the activities and projects the UNL Parents Association has successfully developed and participated in during the past years are: Residence Hall Welcome/Move In, Big Red Welcome, Parents Weekend, Tuition/Prize Raffle, Faculty/Staff Recognition, Big Red Road Shows, Outstanding Student Leadership Awards Dinner, Publication of Spring and Fall Campus Newsletters and donating funds for Grant Funding Requests. Members promote awareness of the UNL Parents Association by printing and distributing the “most useful” Calendar Cards and numerous unique give-a-ways items at various functions.

It has certainly been a rewarding and exciting time these past two years being involved with the UNL Parents Association…I feel like we are getting an education ourselves, only we’re not there on campus attending classes every day. It has given us many opportunities to be able to be on campus and to become familiar with the layout and all the buildings. Anyone interested in a tour...I think I can almost do it without a map! Is UNL a big campus? Yes, but not nearly as big as I thought it was when we did that first campus visit! When Tad calls me on his cell phone walking between classes (the conveniences of today’s world) I can envision exactly where he is or what he is talking about.

I personally welcome your active participation and invite you to join us in supporting our students’ endeavors at UNL. Consider becoming an “active member” of the UNL Parents Association today. It’s easy...log on at stuafs.unl.edu/parents.shtml or call 402-472-3756. We agree...THERE IS NO PLACE LIKE NEBRASKA!!
taming of the Flu

In the fall of 1957, the Asian Flu was epidemic in many areas of the country.

It was of particular concern to the university because the flu was predicted to be especially widespread among children and college students, said Celeste Knipmeyer Culver, a public health nurse at the University Health Center at the time.

Dr. Samuel Fuenning, the center’s medical director, made plans for an improvised hospital with cots in the basement of Selleck Quadrangle if the center’s 20-bed hospital was filled.

He also developed a program through which students could care for their sick peers within their living unit if the hospitals were full.

“Dr. Fuenning and I spent several evenings in the student union with those students who were selected by residence directors and Greek housemothers to be ‘health chairmen,’ teaching them about recognizing symptoms, using a clinical thermometer, etc.,” Culver recalled.

This particular flu strain was the first for which there was prior warning and a vaccine, but the vaccine was not available until a week or two after the number of cases had peaked, Culver said.

A Sept. 14, 1957, Lincoln Journal article about the flu carried this headline: “Asian Flu Shots Arrive; Football Team Gets Vaccine.” Football players were among the first to be vaccinated because they traveled to other states.

“I have searched in vain to find some figures as to the prevalence of the Asian Flu among students on the UNL campus that fall and have come up with nothing,” Culver said. “However, if my memory serves me correctly, for any one day the highest number of students with the flu that the health center was aware of was between 125 to 140,” she said.

The flu ended but the health chairmen program continued. In about 1960, the name was changed to health aides.

“Former health aides are our built-in recruiters,” Crawford said.

Regardless of their background or major, health aides have one thing in common: a strong desire to help others, a key to the program’s success.

“We believe there are no comparable programs in the country,” Crawford said. “Great things have come from it.”
STAR CENTER
Jennifer Nelson, Academic Advisor, General Studies

The STAR Center (Satellite Tutoring and Advising Resources Center) is a joint effort between the Office of Undergraduate Studies and Housing to provide walk-in academic advising and tutoring services to students within the residence hall environment. The Star Center is located in Sandoz Hall room 118. Professional advisors from the Division of General Studies will be available to students several afternoons each week. Students do not need an appointment as the Center provides only walk-in advising service. Free math tutoring and writing assistance services are also available during select afternoon and evening hours. Fall semester hours will be posted on the Star Center link on the Division of General Studies’ website (http://www.unl.edu/dgs/) in September, 2007. All undergraduate students are welcome to take advantage of the Star Center’s convenient services.

Undergraduate Teaching Assistant Corps (UTAC)
Jennifer Nelson, Academic Advisor, General Studies

The Undergraduate Teaching Assistant Corps (UTAC) is an academic assistance program sponsored by the Office of Undergraduate Studies that increases student performance and retention. This program targets traditionally difficult academic courses (those with a high percentage of “D” or “F” grades and withdrawals) and provides regularly scheduled, out-of-class, peer-facilitated sessions. The program is for all students registered for identified UTAC sections of the following courses (Fall 2007 term):

- Accounting 202-INTRO ACCOUNTING II
- Art History 101-INTRO ART HIS & CRITICISM
- Art History 102-INTRO ART HIS & CRITICISM
- Biology 214-HUMAN ANATOMY
- Chemistry 109-GENERAL CHEMISTRY I
- Chemistry 110-GENERAL CHEMISTRY II
- Chemistry 251- ORGANIC CHEMISTRY
- Child, Youth and Family Studies 160-HUMAN DEVELOPMENT & FAMILY
- Child, Youth and Family Studies 280-FAMILY SCIENCE
- Geography 140-INTRO TO HUMAN GEOGRAPHY
- Geography 155-ELEMENTS OF PHYSICAL GEOGRAPHY
- Nutrition 250-HUMAN NUTRITION & METABOLISM
- Psychology 181-INTRO TO PSYCHOLOGY
Quick Reference Guide

Academic Support Services (provided by the Office of Undergraduate Studies)

**Academic Advising** (STAR Center in Sandoz Hall)
http://www.unl.edu/dgs/star07.shtml

**Career Development Courses** (EDPS 150A/B)
http://www.unl.edu/careers/explore/

**Chemistry Resource Center** http://buckyball.unl.edu/

**Computer Science Student Resource Center**
http://www.cse.unl.edu/ugrad/index.shtml

**Engineering Mechanics Instructional Laboratory**
http://www.unl.edu/emhome/under07/instructionalab.shtml

**Math Resource Center**
http://www.math.unl.edu/pi/studentResources/mrc

**NU Connections-Mentoring** http://www.unl.edu/oasis_culturecenter/program/nu_connection/nu_home.shtml

**OASIS** (Office of Academic Support and Intercultural Services)
http://www.unl.edu/oasis_culturecenter

**Services for Students with Disabilities**
http://www.unl.edu/ssd/

**Spanish Tutoring**
http://www.unl.edu/modlang/content/resources/index.htm

**Statistics Support** http://statistics.unl.edu/Academics/Undergraduate/sas_tutors.shtml

**Student Support Services** (TRIO Programs)
http://www.unl.edu/trioprogram/index.shtml

**Study Skills Class** (EDPS 209)
kkiwra1@unl.edu (email address)

**Supplemental Instruction** (free study groups)
http://www.unl.edu/dgs/supinst07.shtml

**Writing Assistance for CBA Students**
http://www.cba.unl.edu/its/facilities/writinglab.html

**Writing Assistance Center** (English Dept.)
http://www.unl.edu/english/wac/

Note: For current listings, refer to http://www.unl.edu/ous/academic_support/support.shtml

For more information on different University Services available to students, please read earlier issues of *Campus Report* at http://stuafs.unl.edu/parents_pubs.shtml.

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**Student Refund Checks**

Jennifer Hellwege, Assistant Director, Student Accounts

A “refund” is the amount paid to a student if there is a credit balance that exists on the student’s consolidated account. Student Accounts regularly reviews accounts to determine any credit balances which exist and if a refund check is appropriate. This is an automatic process, and no action is required by the student. Some items to consider:

- Sign Up for Direct Deposit of Your Refund Check

Why? Here are just a few good reasons. It’s -

**FAST** Eliminates mailing time. Prevents address issues and returned/lost checks.

**EASY** It’s quick to sign up via WAM, and you only have to sign up once.

**COST EFFECTIVE** By saving the University money, you are helping to minimize the cost of education for all students.

**FREE** SECURE ECO-FRIENDLY

Review Each Bill Even if a Refund Check is Received

Too often students get a refund check and then don’t feel they need to look at their bill. It’s still important to review each bill.

Timing is everything. We may not have gotten all of your charges paid out of the refund. We only get charges from some areas once each month. Also, if you are using your NCard for charging on campus, that means you will have a bill every month.

You could be missing money! Many students receive more than one refund check. Review each bill to be sure you have received all of the monies coming to you.

**Office of Student Accounts**
124 Confield Administration Building
Lincoln, NE 68588-0413
(402) 472-2887
http://stuaccts.unl.edu

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